

## WELCOME TO THE MOUNT BAKER ROWING & SAILING CENTER!

We received your registration for a Mt. Baker Youth Boating Camp. Please check your receipt to confirm that your child is enrolled in the classes and sessions you intended. All sessions will appear on the same receipt. Please contact the Mt. Baker office for any course changes or transfers, and give 2 weeks notice for course changes or cancellations. Please see page 13 of our brochure for the refund and credit policy.

<u>Required Paperwork</u>: All required Paperwork is included in this mailing. <u>In order to participate, all</u> attached forms must be turned in on the first day!

- > Original Float Test Form Good for three years, signed by a certified lifesaver and stamped by your local swimming facility or beach.
- > Risk & Release Form You may have already completed this when you registered, if not please sign the enclosed form.
- Medical Form Double-sided form is required for all participants, (please make a note under the pick-up authorization section if the child will be transporting him/herself to/from the camps!)

No one will be permitted on the water without these forms!

## What to bring and wear:

- Be prepared for all types of weather
  - o Rain, sun, wind, etc.
  - o Sunscreen, hats, layers, light jacket, etc.
- Be prepared to get wet; it's a water sport!
  - o Bring a towel, change of clothes!
  - Wear appropriate footwear; water shoes with attached heels for sailing and windsurfing,
    and appropriate walking shoes for the adventure camp
    - ★ For example; aqua shoes, sandals w/ heel tie, tennis shoes
- Be prepared to eat and stay hydrated!
  - Bring snack/lunch to eat during the session (breaks will be throughout the day, depending on course)
  - o Mt. Baker has a water fountain and a pop machine (\$1/beverage)
  - \*\* Life jackets will be provided. They must be worn while on the docks and on the water. You are welcome to send your child with his/her own lifejackets.

If you have questions, please call Mt. Baker Rowing & Sailing Center at 386-1913.

